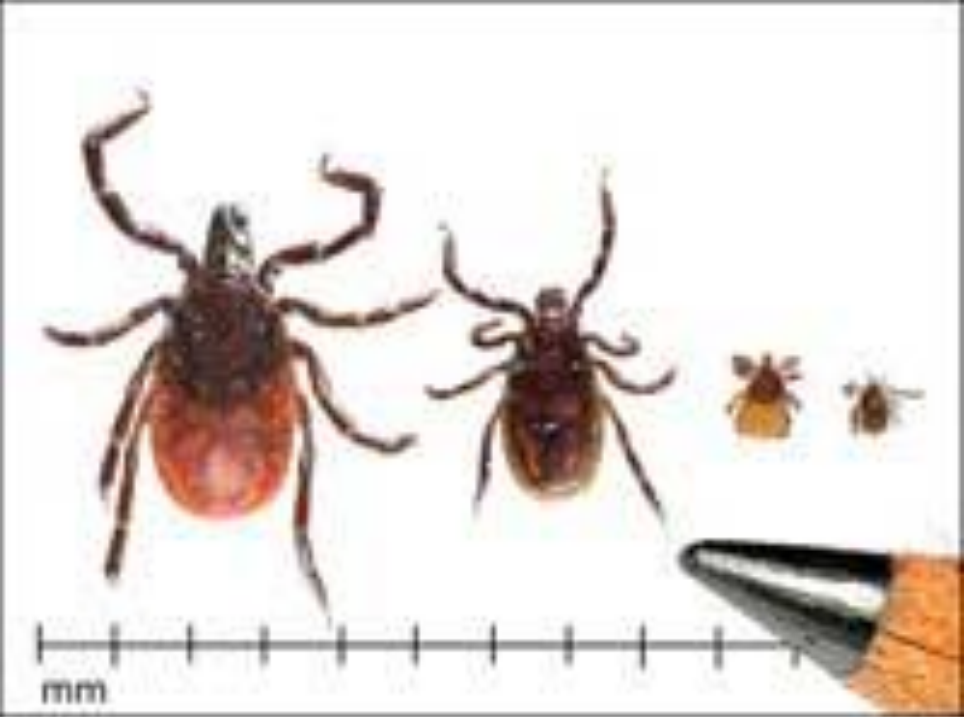


Tick Bites

May 2016

Wood workers and Ticks

- As a wood worker harvesting wood in the forest, you are not alone...even in your backyard fields
- Two found me on a recent Madrone harvesting effort



Clues that you are not alone

- You feel something crawling around your body
- There is not a lot of pain when they tunnel into your skin, especially as you age and have other aches and pains

The Concern

- Lyme Disease
- infection

So You've got a Tick that has made your body his home

- Remove with tweezers by grabbing as close to the head
- Slow steady pressure with no jerks or twists
- Do not use hot matches, petroleum jelly, solvents, finger nail polish
- You want him or her out of your body without leaving any parts behind
- Having a doctor do the procedure ASAP is recommended

Concerns

- The longer the tick is on your body, the greater the risk of problems, e.g. Lyme Disease
- More than 24 hours increases the risk
- Seek medical care and treatment, especially if the area is infected or a rash is present

Treatment

- When in doubt, Doctors treat with an antibiotic such as Doxycycline, similar to Tetracycline for 14 days
- Read the instructions closely about avoiding milk products, calcium, and magnesium, etc

Lyme Disease

- Lots of symptoms, sometimes overlooked
- You want to avoid it

Conclusions

- Tick bites are treatable to avoid Lyme Disease, but you have to stay on top of it